

Shackles and Chains

Choreography: Unknown

Music: Shackles and Chains - Patty Loveless

Level: Beginner

Counts: 32

Type: Circledance (Partner Dance)

Start Position: Sweetheart Position - both start with right foot

SECTION 1 - Step 1/2 Turn, Step 1/2 Turn

1-2: Step R forward, 1/2 turn left

3-4: Step R forward, 1/2 turn left

5-6: Walk R, Walk L

7&8: Shuffle forward R-L-R

SECTION 2 - Rock Back, Coaster Step, Step 1/4 Turn, Cross Shuffle

1-2: Rock back L, recover on R

3&4: Coaster Step L (L back - R together - L forward)

5-6: Step R forward, 1/4 turn left

7&8: Cross Shuffle R-L-R over L

SECTION 3 - Side Rock, Behind 1/4 Step, Heel Toe, ~~Rock~~ Shuffle

1-2: Side Rock L, recover on R

3-4: L behind R, 1/4 turn right stepping R forward

5-6: L heel, L toe

7&8: Shuffle back L-R-L

SECTION 4 - 1/2 Walk, 1/2 Walk, Shuffle, Rock Back, Coaster Step (Option B)

1-2: 1/2 Turn Walk R, 1/2 Turn Walk L

5&6: Shuffle forward R-L-R

7-8: Rock back L, recover on R

1&2: Coaster Step L (L back - R together - L forward)